

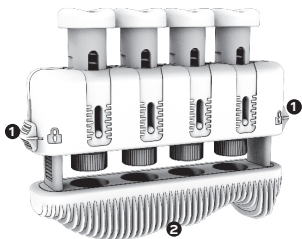


# VARIGRIP+

PRODUCT MANUAL

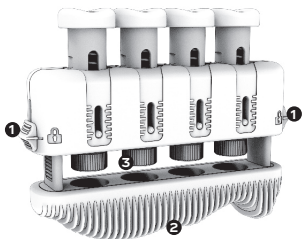
## HOW TO ADJUST PALMREST

1. Unlock both Palmrest Height Locks (1) and lower or raise the Palmrest (2) to your desired height.



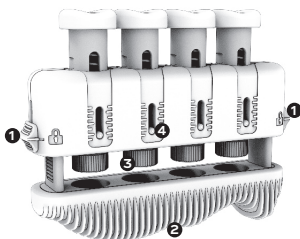
## HOW TO ADJUST TENSION

2. Unlock both Palmrest Height Locks (1) and lower the Palmrest (2) to expose the Tension Adjustment Knobs (3). Turn the Knobs clockwise to increase tension and counterclockwise to decrease tension. View your current tension by viewing the Spring Tension Indicator

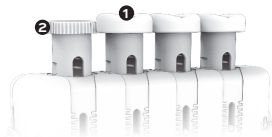


## HOW TO CHANGE SPRINGS

1. Adjust the spring tension to its lowest setting by unlocking both Palmrest Height Locks (1) and lowering Palmrest (2) to expose the Tension Adjustment Knobs (3). Turn the Knobs counterclockwise, until the Spring Tension Indicator (4) is lowered all the way down.



2. Remove a silicone Finger Cap (1) to expose the threaded Piston Cover (2).

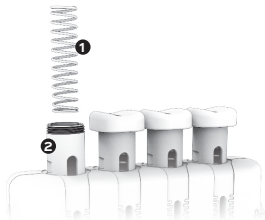


3. Place the Spring Changing Tool (1) over the exposed Piston Cover. Turn counterclockwise to unscrew the Piston Cover from the piston. TIP: Keep Piston Cover inside the Spring Changing Tool. Verify that Spring Tension Indicator is at its lowest setting.



## HOW TO CHANGE SPRINGS

4. Remove the Spring (1) from the opened Piston (2) and replace it with the new Spring. Green Springs lighter tension. Red Springs for heavier tension.



5. While holding the Piston (1) in the upright position, screw in the Piston Cover by turning the Spring Changing Tool (2) clockwise until you feel a click. Replace the Finger Cap to complete the spring changing process.

