

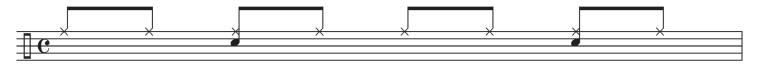


DOUBLE BASS WORKOUT

by Jimmy DeGrasso

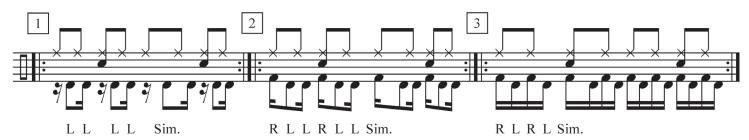
Instructions: The following sequence is designed to develop greater double bass coordination and control. Use the basic hi-hat/snare passage below as the "glue" to hold your variations together. Start slowly and use a metronome.

Basic Hand Pattern (Hi-Hat and Snare)

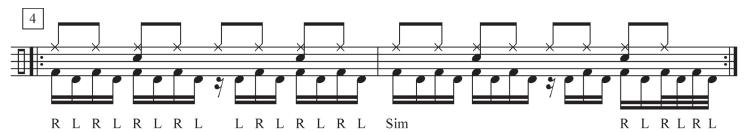


Focusing on the left foot, start with exercise 1 and work slowly through the variations, until you have built a full measure of 16th notes on the bass drum. Keep those notes steady, even, and well-coordinated with your hi-hat.

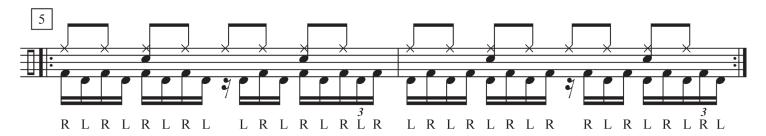
Building the Beat



Exercise 4 removes one 16th note (count '3') and adds four 32nd notes at the end of the phrase.

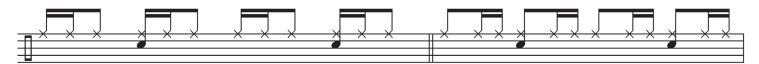


Exercise 5 also has omitted count 3 and includes 16th note triplets at the end of each bar, forcing you to alternate each measure.



Once you are comfortable with the above variations, try the advanced hand patterns below or make up your own variations!

Advanced Hand Pattern (Hi-Hat and Snare)



Listen To This Lesson: evansdrumheads.com/doublebass



With a resume boasting Alice Cooper, Ozzy Osbourne, Suicidal Tendencies, Lita Ford and Y&T, **Jimmy DeGrasso** was also the driving force behind the multi-platinum band, Megadeth. Jimmy has performed at the *Modern Drummer* Festival, Ultimate Drummers Weekend, Drummer Live, and toured with rock icon, David Lee Roth. Jimmy is a highly sought after session player and drum clinician. Jimmy will be touring with Alice Cooper through all of 2009.

To learn more, please visit www.jimmydegrasso.com

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